



# L'APERITIVO DI MILANO

Italy's fashion capital, Milan, is said to be the 'home' of Aperitivo and any of its most sophisticated bars feature an 'Aperitivo time' that takes place between five and seven in the evening, sometimes going on until nine. Here you'll find a vibrant crowd enjoying 'la dolce vita' as only the Italians can.

Like most things Italian, Aperitivo has its roots firmly in the past but made a comeback in the 1960's, the decade that put Italy back on the 'style' map. Beginning in Northern Italy and dating as far back as the late 1700's, it is an authentic Italian tradition that combines delicious small-plate food with refreshing light alcoholic drinks during the hours of early evening, as a relaxing prelude to dinner.